



Specialty Care With SMS



Are you or a family member faced with an outpatient surgery or a specialty care procedure?

Specialist Management Solutions (SMS) provides comprehensive support for specialty and outpatient surgical care needs. Whether you're scheduling a routine colonoscopy, orthopedic surgery, or another specialty care procedure, SMS can connect you to a local Ambulatory Surgery Center (ASC) or Center of Excellence (COE). An SMS Advocate or Registered Nurse can assist with locating lower-cost care options, scheduling consultations with providers, supporting informed health decisions, and finding local care.

As part of your health plan benefits administered by UnitedHealthcare, SMS offers ongoing support and guidance at no additional cost to you.

11 Specialties:



Pain Management

Advocates can provide comprehensive pain management solutions, helping you find relief through advanced treatments.



Cardiovascular

Advocates can help you find the right care for heart related conditions such as heart disease, hypertension, and arrhythmias.



General Surgery

Advocates can help schedule consults with a general surgeon and provide support for procedures such as hernia repair and gallbladder removal.



Gastrointestinal (GI)

Advocates can connect you with a network Gastroenterologist for support with GI related procedures such as GERD, acid reflux and more.



Urology

Advocates can connect you to quality providers who treat urinary tract infections, kidney stones, and prostate issues.



Musculoskeletal/Spine (MSK)

Advocates can schedule consults with MSK specialists, guide you through your care journey, and provide support for bone, joint, ligament, tendon, or muscle pain.



Ophthalmology

Advocates can support you in your ophthalmologic care journey, addressing conditions such as cataracts and glaucoma.



Orthopedic

Advocates can connect you to experts who treat joint pain, fractures, and sports injuries with advanced surgical and non-surgical treatments.



Ear, Nose and Throat (ENT)

Advocates can connect you with ENT specialists who treat sinusitis, hearing loss, and throat disorders, supporting you through your ENT care journey.



Women's Health

Advocates can help you navigate your health plan to find essential women's healthcare services, including mammograms and cervical screenings.



Podiatry

Advocates can connect you to podiatry experts who treat conditions like plantar fasciitis and bunions, offering personalized care to keep you moving comfortably.

We're here for you

Call an SMS Advocate and ask about our specialties:

1-800-379-6898

These services and programs are for informational purposes only and should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This content is for informational and/or educational purposes only. It is not meant to be used in place of professional clinical consultations for individual health needs. Certain treatments may not be covered in some benefit plans.

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